

Indian Spiced Peas

Ingredients

10 oz peas (1-1/4 cups)
1 onion (small, sliced thin)
1 T Olive Oil
1/2 t mustard seeds
1/2 t cumin seeds
1 pn cayenne pepper
1/4 t Salt

Instructions

Heat 1 tablespoon oil on medium-high heat in a skillet. Add the onion and cook about 3 minutes; or until it is browned, stirring several times. Stir in the cumin and mustard seeds and cook another minute. Add 1 tablespoon water, the peas, salt and cayenne. Cook for 5-6 minutes longer.